

ACTIVITY 10: VESSELS AND CIRCULATION

OBJECTIVES:

- 1) **How to get ready:** Read [Chapter 23, McKinley et al., Human Anatomy, 4e](#). All text references are for this textbook.
- 2) Observe and sketch histology slide of an artery and a vein and identify structures on each. You can do this using your textbook or the laboratory PowerPoint **BEFORE LAB**.
- 3) Identify structures and vessels involved in pulmonary circulation on cadavers and classroom models.
- 4) Identify structures and vessels involved in systemic circulation (by region) on cadavers and classroom models. **YOU MUST BRING GLOVES FOR THIS ACTIVITY.**
- 5) Complete and study the four assigned blood traces.
- 6) **Before next class:** Preview Respiratory and Digestive terms lists from SLCC Anatomy Laboratory website or your printed laboratory manual and your textbook.

VESSEL HISTOLOGY

TABLE 1. MICROSCOPIC COMPARISON OF AN ARTERY AND A VEIN: Obtain a prepared slide or a photo demonstrating cross sections of an artery and a vein. Distinguish between an artery and a vein and identify the following structures.

STRUCTURE	TEXTBOOK REFERENCE AND SKETCH
<input type="checkbox"/> artery	described pp. 682-688 fig. 23.1, 23.2, 23.3 table 23.1
<input type="checkbox"/> lumen	
<input type="checkbox"/> tunica externa	
<input type="checkbox"/> tunica media	
<input type="checkbox"/> tunica intima	
<input type="checkbox"/> vein	
<input type="checkbox"/> lumen	
<input type="checkbox"/> tunica externa	
<input type="checkbox"/> tunica media	
<input type="checkbox"/> tunica intima	

VESSELS: GROSS ANATOMY

TABLE 2. PULMONARY CIRCULATION: Pulmonary circulation carries deoxygenated blood from the right ventricle of the heart through the pulmonary trunk, and ultimately to the capillary beds of the lungs, then carries oxygenated blood back through the pulmonary veins to the left atrium.

STRUCTURE	TEXTBOOK REFERENCE AND NOTES
<input type="checkbox"/> right ventricle	pp. 707, 710 fig. 23.22
<input type="checkbox"/> pulmonary semilunar valve	
<input type="checkbox"/> pulmonary trunk	
<input type="checkbox"/> pulmonary arteries (left and right)	
<input type="checkbox"/> pulmonary capillaries	
<input type="checkbox"/> pulmonary veins (left and right)	
<input type="checkbox"/> left atrium	

SYSTEMIC CIRCULATION: Systemic circulation carries oxygenated blood from the left ventricle of the heart through the aorta, ultimately to the capillary beds of systemic body organs, then carries deoxygenated blood back to the right atrium. **Note: Coronary arterial and venous circulation are also part of systemic circulation, and were covered in the last laboratory activity.**

TABLE 3. GENERAL BLOOD FLOW TO AND FROM THE HEART CHAMBERS

STRUCTURE	TEXTBOOK REFERENCE AND SIGNIFICANCE
ARTERIAL FLOW OUT OF THE HEART	
<input type="checkbox"/> aorta	described, pp. 690-691
<input type="checkbox"/> ascending aorta	gives rise to all systemic arterial blood flow
<input type="checkbox"/> aortic arch	gives rise to left and right coronary arteries and supplies the heart muscle
<input type="checkbox"/> descending aorta	gives rise to brachiocephalic trunk, left common carotid artery, and left subclavian artery
<input type="checkbox"/> descending thoracic aorta	gives rise to remainder of systemic arterial flow
<input type="checkbox"/> descending abdominal aorta	
VENOUS RETURN TO THE HEART	
<input type="checkbox"/> superior vena cava	returns blood from the head, neck, thorax, and upper limbs to the right atrium
<input type="checkbox"/> inferior vena cava	returns blood from the lower limbs, abdomen, and perineum to the right atrium
<input type="checkbox"/> coronary sinus	returns blood from the heart muscle to the right atrium

TABLE 4. BLOOD FLOW THROUGH THE HEAD AND NECK

STRUCTURE	TEXTBOOK REFERENCE AND SIGNIFICANCE
ARTERIAL SUPPLY TO THE HEAD	described, pp. 691 fig. 23.9, 23.10a & c, 23.11a
<input type="checkbox"/> brachiocephalic artery (trunk)	supplies right side of head and right arm
<input type="checkbox"/> right common carotid artery	supplies right side of head and neck
<input type="checkbox"/> right external carotid artery	supplies structures external to skull, right side
<input type="checkbox"/> right internal carotid artery	supplies internal skull structures and brain, right side
<input type="checkbox"/> left common carotid artery	supplies left side of head and neck
<input type="checkbox"/> left external carotid artery	supplies structures external to skull, left side
<input type="checkbox"/> left internal carotid artery	supplies internal skull structures and brain, left side
<input type="checkbox"/> vertebral arteries (left and right)	branches from subclavian arteries to supply more blood to brain
<input type="checkbox"/> basilar artery	formed from merging left and right vertebral arteries; supplies brain
<input type="checkbox"/> cerebral arterial circle (<i>or</i> circle of Willis)	anastomosis of arteries supplying the brain in the sella turcica region
VENOUS DRAINAGE OF THE HEAD	described, pp. 695 fig. 23.10b & c, 23.11b
<input type="checkbox"/> dural venous sinuses	large veins in the dura mater that drain the cranium
<input type="checkbox"/> superior sagittal sinus	superior to the longitudinal fissure
<input type="checkbox"/> sigmoid sinus	drains into the internal jugular veins
<input type="checkbox"/> internal jugular veins (left and right)	drain internal skull structures
<input type="checkbox"/> external jugular veins (left and right)	drain external skull structures
<input type="checkbox"/> brachiocephalic veins (left and right)	formed by merging internal jugular veins and subclavian veins
<input type="checkbox"/> superior vena cava	formed by merging brachiocephalic veins
<input type="checkbox"/> vertebral veins (left and right)	drain internal skull structures into the brachiocephalic veins

TABLE 5. BLOOD FLOW THROUGH THE VENTRAL BODY CAVITY

STRUCTURE	TEXTBOOK REFERENCE AND SIGNIFICANCE
ARTERIAL SUPPLY TO ABDOMINAL ORGANS	described, pp. 699-701 fig. 23.12, 23.15, 23.17
<input type="checkbox"/> celiac trunk (artery)	supplies stomach, part of duodenum, liver, pancreas, spleen
<input type="checkbox"/> splenic artery	
<input type="checkbox"/> left gastric artery	
<input type="checkbox"/> common hepatic artery	
<input type="checkbox"/> hepatic artery proper	
<input type="checkbox"/> hepatic arteries (right and left)	
<input type="checkbox"/> right gastric artery	
<input type="checkbox"/> gastroduodenal artery	
<input type="checkbox"/> superior mesenteric artery	supplies most of small intestine and proximal large intestine
<input type="checkbox"/> renal arteries (left and right)	supply kidneys
<input type="checkbox"/> gonadal arteries (left and right)	supply ovaries or testes
<input type="checkbox"/> inferior mesenteric artery	supplies most of the large intestine
VENOUS DRAINAGE OF THE ABDOMEN & CHEST	described pp. 697, 703 fig. 23.13, 23.14, 23.17
<input type="checkbox"/> azygos vein	drains chest wall, ultimately into superior vena cava (SVC)
<input type="checkbox"/> hemiazygos vein	
<input type="checkbox"/> accessory hemiazygos vein	
<input type="checkbox"/> hepatic veins	drains liver into inferior vena cava (IVC)
<input type="checkbox"/> renal veins (left and right)	drain kidneys into IVC after hepatic portal circulation
<input type="checkbox"/> gonadal veins (left and right)	drains ovaries or testes into IVC or (left side) left renal vein
HEPATIC PORTAL CIRCULATION: Venous drainage of most abdominal organs is a portal system -- two capillary beds in a series connected by a portal vein. Blood drained from the abdominal organs is processed in the liver's wide sinusoid capillaries before going back into systemic venous circulation. described pp. 701-702; fig. 23.16, 23.17	
<input type="checkbox"/> superior mesenteric vein	drains small intestine and part of large intestine into hepatic portal vein
<input type="checkbox"/> inferior mesenteric vein	drains most of large intestine into splenic vein, and then into hepatic portal vein
<input type="checkbox"/> splenic vein	drains spleen into the hepatic portal vein
<input type="checkbox"/> hepatic portal vein	delivers venous blood from the above vessels <u>to</u> the sinusoid capillaries of the liver, before blood is processed and returned to hepatic veins and then the IVC
<input type="checkbox"/> hepatic veins (left and right)	drains venous blood from liver into IVC

TABLE 6. BLOOD FLOW THROUGH THE UPPER LIMB

STRUCTURE	TEXTBOOK REFERENCE AND SIGNIFICANCE
ARTERIAL SUPPLY TO UPPER LIMB (all vessels are paired)	described, p. 703 fig. 23.19
<input type="checkbox"/> subclavian artery	recall, left and right subclavian arteries have different origins, and also give rise to vertebral arteries
<input type="checkbox"/> axillary artery	supplies shoulder region
<input type="checkbox"/> brachial artery	supplies arm
<input type="checkbox"/> ulnar artery	supplies medial side of forearm and wrist
<input type="checkbox"/> radial artery	supplies lateral side of forearm and wrist
<input type="checkbox"/> superficial palmar arch	supplies superficial palm (formed by ulnar artery)
<input type="checkbox"/> deep palmar arch	supplies deep palm (formed by radial artery)
<input type="checkbox"/> digital arteries	supplies fingers (emerge from superficial and palmar arches)
VENOUS DRAINAGE OF UPPER LIMB	described, pp. 703, 707 fig. 23.19
<i>Superficial Drainage</i> (all vessels are paired, left and right)	
<input type="checkbox"/> basilic vein	drains superficial, medial side of upper limb, usually into axillary vein
<input type="checkbox"/> cephalic vein	drains superficial, lateral side of upper limb, usually into axillary vein
<input type="checkbox"/> median cubital vein	connects basilic and cephalic veins
<i>Deep Drainage</i> (all vessels are paired, left and right, and some have two per side, as indicated)	
<input type="checkbox"/> digital veins	drain fingers into superficial and deep palmar arches
<input type="checkbox"/> superficial palmar venous arch	drain superficial palm into radial and ulnar veins
<input type="checkbox"/> deep palmar venous arch	drain deep palm into radial and ulnar veins
<input type="checkbox"/> radial veins (2)	drain deep, lateral side into brachial veins
<input type="checkbox"/> ulnar veins (2)	drain deep, medial side into brachial veins
<input type="checkbox"/> brachial veins (2)	drains arm; merges with basilic vein to form axillary vein
<input type="checkbox"/> axillary vein	drains axillary region; becomes subclavian vein
<input type="checkbox"/> subclavian vein	merges with internal jugular vein to form brachiocephalic vein
<input type="checkbox"/> brachiocephalic vein	merges with brachiocephalic vein from opposite side to form superior vena cava

TABLE 7. BLOOD FLOW THROUGH THE LOWER LIMB, PELVIS AND PERINEUM

STRUCTURE	TEXTBOOK REFERENCE AND SIGNIFICANCE
ARTERIAL SUPPLY TO THE LOWER LIMB, PELVIS AND PERINEUM (all vessels are paired)	described p. 707 fig. 23.20
<input type="checkbox"/> common iliac artery	arises from the distal end of the descending abdominal aorta
<input type="checkbox"/> external iliac artery	supplies thigh and hip and becomes femoral artery after passing through inguinal ligament
<input type="checkbox"/> femoral artery	supplies thigh and becomes popliteal artery
<input type="checkbox"/> popliteal artery	supplies dorsal surface of knee and divides to form anterior and posterior tibial arteries
<input type="checkbox"/> anterior tibial artery	supplies anterior compartment of leg
<input type="checkbox"/> posterior tibial artery	supplies posterior compartment of leg and gives rise to fibular artery
<input type="checkbox"/> fibular artery	supplies lateral compartment of leg
<input type="checkbox"/> internal iliac artery	described p. 703 fig. 23.18, 23.20 supplies pelvis and perineum
VENOUS DRAINAGE OF LOWER LIMB (all vessels are paired)	described p. 707 fig. 23.20
Superficial Drainage (all vessels are paired)	
<input type="checkbox"/> great saphenous vein	drains superficial, medial side of lower limb into femoral vein
<input type="checkbox"/> small saphenous vein	drains lateral aspect of foot and posterior aspect of leg into popliteal vein
Deep Drainage (all vessels are paired, left and right left and right, and some have two per side, as indicated)	
<input type="checkbox"/> anterior tibial veins (2)	drains anterior compartment of leg
<input type="checkbox"/> posterior tibial vein (2)	drains posterior compartment of leg
<input type="checkbox"/> fibular veins (2)	drains lateral compartment of leg into posterior tibial veins
<input type="checkbox"/> popliteal vein	drains knee; formed from the merger of anterior and posterior tibial veins
<input type="checkbox"/> femoral vein	drains thigh into external iliac vein
<input type="checkbox"/> external iliac vein	drains thigh and hip
<input type="checkbox"/> internal iliac vein	drains pelvis and perineum
<input type="checkbox"/> common iliac vein	formed from uniting internal and external iliac veins; merges with common iliac vein from opposite side to become inferior vena cava

BLOOD TRACE WORKSHEETS

Student instructions:

A valuable exercise enabling you to understand how blood flows through the cardiovascular system is to trace a few of the routes a red blood cell would take in its journey through the body. In this exercise you will identify the missing structures in each of the four traces provided for you.

It is crucial that you avoid the temptation to get the answers from other students for two reasons: First, other students might make mistakes, which you likely wouldn't recognize if you simply copied from them. Second, the best way to learn these routes is to work through them yourself. Use the arterial and venous system flowchart handouts from the lab website and the figures in your textbook (in chapters 22 and 23) as guides to help you fill in the blanks. If you get stuck, or don't know where to begin, ask an instructor for assistance. The first trace is more completely filled in to give you an idea of how to proceed. Figure 23.9 is very helpful to give to a general idea of how to complete a blood trace.

A few more directions:

- You only need to name the arteries and veins listed on your terms lists from your laboratory manual.
- Each trace should **begin and end with the left atrium of the heart**.
- Name all of the **valves** of the heart as they are encountered along the trace.
- Include a **capillary bed** in the target tissue, and another in the lungs, in the trace.
- On the traces to the wrist and ankle, name the *superficial* veins used on the return route to the heart.

Do not be intimidated... these aren't difficult once you get the idea!

One of these traces will be on the final laboratory practical exam. The trace will be provided with blanks for you to fill in.

Trace 1:

From heart to medial side left wrist and back to heart. Use superficial veins in return to heart, then to lungs and back to heart:

left atrium

aorta

left axillary artery

left ulnar artery
capillary bed on medial side
of the left wrist

left axillary vein

right atrium

pulmonary semilunar valve

pulmonary capillary bed

left atrium

Trace 2:

From heart to liver, delivering oxygenated blood to liver, back to heart, then to lungs and back to heart:

left atrium

capillary bed in liver (hepatic sinusoid)

right atrium

right atrium

capillary bed in liver (hepatic sinusoid)

right atrium

right atrium

right atrium

right atrium

right atrium

left atrium

Trace 3:

From heart to anterior side of right ankle and back to heart. Use the superficial route in leg on return to heart, then to lungs and back to heart:

left atrium

right femoral artery

right atrium

left atrium

Trace 4:

From the heart to the distal part of the large intestine (sigmoid colon), and back to the heart, then to the lungs and back to the heart:

left atrium

right atrium

left atrium